



Colonial Club

Senior Activity Center

Sun Prairie, WI

“To enhance the well-being and independence of older adults”

Presenters

- **Melody Riedel, Executive Director**
- **Laura Jennings, Director of Services**
- **Savannah Petersen, Director of Activities**



History of Colonial Club

- Established May 1969, 56 years old
- Private not-for-profit corporation, serving people over age 60
- Agency Budget \$1.4 million
- 32 employees 7 full-time and 25 part-time employees
- Funding comes from:
 - Fundraising (StrawberryFest, Swinging Fore Seniors Golf Outing, ColoniAle)
 - Donations
 - Private Fees (services, trips, rentals, and classes)
 - Dane County
 - City, Villages and Towns

Offerings by Colonial Club

- Activities
 - Courier provides full listing of our scheduled programming
 - Club 301 membership, cost \$60 annually, but you do not need to be a member to enjoy Colonial Club activities or services.
 - Includes:
 - Exercise classes, some are free and some have a small fee
 - Support Activities: dementia support group, vaccination clinics, computer tutor, health education workshops
 - Entertainment programs, fee if not a Club 301 member
 - Art and craft classes, watercolor classes, and cooking classes all for a small fee
 - Knitting, crocheting, hand knitting free
 - Card groups including Euchre (small fee for prizes), Bid Euchre, Canasta, Bridge, Skat, 500 all free
 - Bingo (prizes given)
 - Trips around the area for a fee

Offerings by Colonial Club

- Adult Day Center
 - Everyone who comes to this program has a reason; typically they have memory concerns, medical diagnosis that requires them to have care or their family needs a break from caregiving.
 - Providing engaging activities in a group setting including arts/crafts, exercises for the mind and body, word games, music programs, and pet therapy.
 - Provide bathing services along with personal cares as needed.
 - Provide medication management while at center.
 - Lunch is offered, catered by Colonial Club.
 - Center offers:
 - respite for caregivers; they can sleep, run errands or work
 - a safe place for the participant to come to during the day
 - Engaging environment for participants to be active during the day so they can get a restful sleep at night time.

Offering by Colonial Club

- One on one confidential Case Management services:
 - Goal to keep individuals in their own homes for as long as possible.
 - Turning 65 ~ Medicare and Medicare Part D consultation
 - Prescription and Health Insurance assistance
 - Food Security programs, along with financial and utility assistance programs
 - Grants for caregivers
 - Resources to remain in their home: home chore services, personal care, home delivered meals
 - Elder Abuse and Neglect resources
 - Respite care options, along with support groups/caregiver support

Offerings by Colonial Club

- Supportive Home Care Program: For a fee, our employees go into people's homes to provide:
 - Home chore services including cleaning, grocery shopping, meal prep, or laundry.
 - Stand by assist for personal cares.
 - Escort to medical appointments.
 - Friendly visitor.

Offerings by Colonial Club

Meal Program: Menus are approved by the Dane County Registered Dietician and catered by Colonial Club.

- Home Delivered Meals
 - Offers 1/3 of daily nutrition requirements for older adults.
 - Volunteer delivers a meal to their door, may be the only person the client sees all day, offers a bit of socialization too.
 - Offers a safety check for the older adult.
 - Client needs to qualify for this program by completing a lengthy assessment with one of our case managers.
- Congregate Meal Site
 - Offers 1/3 of daily nutrition requirements for older adults.
 - Offers socialization and reduces isolation.

Transportation

- Colonial Club can provide a ride to and from the center for the adult day center and when they would like a congregate meal.
- No fee, just donation for this ride.
- Once the client gets the ride they can come early or stay for any of the activities we are offering.
- Client does need to be independent and able to care for themselves.
- Medical rides need to be scheduled with RSVP in Madison.
- Grocery Bus/East Towne bus provided by Transit Solutions for minimal fee.

Volunteering

- Utilize volunteers in many facets of our organization
 - Home delivered meals
 - Receptionist
 - Adult Day Center
 - Friendly Visitor
 - Kitchen
 - Errands for older adults and non-medical appointments

2024 People Served in Cottage Grove

- There were 390 times individuals came for our activities (that signed in). We know there were more.
- There were around 400 volunteer hours for residents of Cottage Grove
- There were 44 individuals that we provided:
 - 230 hours of case management
 - 382 hours of adult day center services
 - 78 congregate meals
 - 2270 home delivered meals
 - 285 hours of supportive home care
 - 283 miles of transportation services

2025 YTD People Served in Cottage Grove

- There are 243 times individuals came for our activities (that signed in)
- There were around 200 volunteer hours for residents of Cottage Grove
- There are 18 individuals that we provided:
 - 32 hours of case management
 - 410 hours of adult day center services
 - 72 congregate meals
 - 1028 home delivered meals
 - 136 hours of supportive home care
 - 521 miles of transportation services

Comparisons

- Cottage Grove supports Colonial Club with \$30,000 (2024)
- Other communities of similar size whose senior center is city run:
 - Monona population 8,616, \$270,982
 - McFarland population 9,224, \$401,000

Any questions?